

Basic Life Support



This two hour course is delivered on your premises, on a day that suits you.

As this course is only 2 hours long, we have streamlined it to recap the most important material, and our wonderful trainers will cover any guidelines or regulations that may have altered.

Our students will learn about:

- The first aider's role and incident management
- How to deal with conscious and unconscious casualties (including CPR training)
- First aid for shock, bleeding and wounds

All dates booked over 30 days in advance can be confirmed immediately and will be a guaranteed booking.



This course is registered with TQUK (Ofqual approved).



Price includes:

- Professional Instruction
- All course materials
- Certificate valid for 12 months